



Maidenforum

JANUARY 2016
VOLUME 1 ISSUE 7

NEWSLETTER OF THE SKIYENTE SKI CLUB

Vote for a New Charity at January Meeting

Sandi Shaub would like to recommend Mt. Hood Learning Center for our third charity.

Mt. Hood Learning Center, a non-profit preschool and childcare program, is located in Welches and serves our local mountain families. The successful program was created last year and serves over 90 children. As attested by the Principal of the local school, students coming into full-day kindergarten from the Learning Center are significantly more prepared than others. With contributions from last year, the program was able to provide partial scholarships to two preschoolers. They would like to expand the availability of scholarships.

This is the ONLY program like this in the area and prior to it parents were commuting their kids into Sandy for preschool and trying to find friends or family who could watch children before and after school. It has filled a significant need and I believe it well deserves our support.

Sheila Heffernan would like to nominate Parkinson's Resources of Oregon

Sheila Heffernan's son, Mike has early onset Parkinson's and has benefited greatly from the programs and staff support at Parkinson's Resources of Oregon (PRO) located in Lake Oswego. His spirits are lifted and life skills improved by their many programs. Here is a list of the programs offered at PRO:

- Support Groups
- Wellness Classes
- Personal Response to Inquiries: Via the HELPLINE
- Advocacy Efforts for PD Research and Better Care
- Educational Programs
- Social Work Services
- Bi-Monthly Newsletter
- Lending Library
- Long Term Care Training

Sheila is very pleased by these wonderful resources offered to her son and so many others with Parkinson's.

GENERAL MEETING

Jan 5, 6:30pm
Buffalo Gap
6835 SW Macadam
Portland
[See you there!](#)

SKIYENTE T-SHIRTS

Second order deadline
Jan 5 at Member
Meeting
or until we get
at least 12 orders.
See Barb Presentin
bp2ski@gmail.com



Who Will Be the Next King Winter?

Come to the February 2nd General Meeting to hear the final nominations and vote for the man or woman who will be honored as our King Winter 2016. Of course you'll hear more about the King Winter celebration at the January and February meetings too.

Jordan Schweitzer Training

Sunday, January 3rd

Location: Mt. Hood Ski Bowl in conjunction with NASTAR

Meet at Ski Bowl, little lower lodge where we register for NASTAR \$30 for coaching, drills and analysis of skiing both in and out of gates

Only 7 more slots (total 12 in the group)

Call or text ASAP, 503. 267. 9522 or email BarbP@Equitygroup.com

If we don't have 12 Skiyente's by Wednesday we'll open it up to others.

Bring \$30 cash or check made payable to Barb Presentin on training day and meet at Ski Bowl little lower lodge where we will register for NASTAR (\$10/pp PACRAT to send out NASTAR info)

The \$30 will help defray Jordan's lift ticket and NASTAR costs and perhaps a videographer. The net proceeds will be paid to Skiyente and will go back into Skiyente's Erin Nicole Scholarship funds! Full Circle!



Jordan Schweitzer was Skiyente's Erin Nicole Scholarship Recipient a couple of times over the last 5 years. She has quite the high level racing history and was on developmental US Ski Team with world cup level racing 2000-2012. At 21, Jordan now resides in Bend and is a Skiyente Member! She currently attends Central Oregon Community College and still competes as a world class ski cross athlete. She hopes to represent at the 2016 Olympics! Plus, she is an all around lovely young woman. You can see her bio on

many media sites and by goggling her. See more at Jordan's Facebook page that profiles her latest endeavors and web page <https://ussa.rallyme.com> rallies Jordan Schweitzer dreams to come true 2018 Olympics!



PACRAT SCHEDULE

Race #1 - Jan 10 -
Skibowl

Race #2 - Jan 24 -
Meadows

Race #3 - Feb 21 -
Skibowl

Race #4 - Feb 28 -
Meadows

Race #5 - March 20 -
Timberline

Make-up Race - Apr 3
Timberline

Rat Attack Party -
Apr 15
McMenamins Edgefield

Snow Sport Conditioning with a Sister

Hi Ladies: It's not too late to work on strength and agility training to get you moving on the hill. Being the busy people that you all are, we could not find a time that worked for a regular group training session. BUT – if you want to consider finding a buddy or two for small group training, I would love to work with you! Please call or email me if you are interested.

Lynn Weigand lynnweigand@comcast.net or 971-570-2158

Wanna Ski Better?

Whether you're a PACRAT or a cruiser, you can improve your skiing with race training from Greg and Rich. This is their seventh year of coaching!

Greg's website has information about the program, and you can request to be added to weekly email updates to stay informed.

coachgreg@mthoodadultraceclub.com

<http://mthoodadultraceclub.com>

The basic program provides training Friday, Saturday and Sunday. Friday's are always GS and only \$40. Saturday and Sunday provides either GS or SL depending on requests. Regular weekend training is \$60 per day.

The training is normally at Timberline but occasionally at Ski Bowl.

- Meet in the Timberline Day Lodge by the fireplace before 8:30. You'll sign two releases.
- Training is one longer session before lunch then we'll pull the course and come in.
- One or two of your runs will be video taped and critiqued in the Day Lodge "Y Bar" using iPads.

See you on the small screen!

Are You Working on a Function for Skiyente Fun?

You may need to be reimbursed by the Club in circumstances outside of those covered by the Function Summary in your Function folder. As an example, this would be to pay a specific invoice or to request a cash advance for function expenses. There is an Excel form on the Skiyente website for these purposes, and yippee, Excel will do the math.

NASTAR RACES

NASTAR Open #1 -

Jan 3 - Skibowl

NASTAR Open #2 -

Mar 13 - Skibowl

MARYANNE CUP- SKIYENTE CLUB CHAMPION RACE

Save the date, Feb 20,
more info to come.

Remember the
Maryanne Cup is the
same date as King
Winter.

The Deschutes Bus to Bachelor – What a Deal!

The trip is well-organized and a great value for great skiing.

Meeting location: [Deschutes Brewery Portland Public House, 210 NW 11th Ave., Portland, OR 97209](#)

Ride the bus from the Deschutes Brewery Pub in Portland to Mt. Bachelor! Enjoy a full day of skiing or snowboarding on the mountain, plus dinner and beers at their Bend Pub location. All this for just **\$109!**

- *Includes Bus Ride, Lift Ticket & Beverage Voucher at Mt. Bachelor*
- *Plus Dinner & Beers at Deschutes Brewery's Bend Pub!*
- *Leaves Deschutes Brewery's Portland Pub at 5:45 a.m. – Returns at 10:30 p.m.*

RIDE DESCHUTES BREWERY'S BUS TO BACHELOR FROM PORTLAND

5:45 AM DEPARTURE & 10:30-11PM RETURN
DESCHUTES BREWERY PORTLAND PUBLIC HOUSE
(PICK UP AND DROP OFF ON CORNER OF 11TH & DAVIS)

PICK A DATE (OR TWO):	DATE	EVENT
SUN	12/13	
MON	1/18	(MLK DAY)
SAT	1/30	(RED CHAIR RALLY)
MON	2/15	(PRESIDENTS DAY)
SAT	3/5	(RED CHAIR RALLY)
SAT	3/26	(SPRING BREAK)

\$109/PERSON

INCLUDES

- ROUND TRIP BUS RIDE
- FULL DAY LIFT TICKET
- BEVERAGE VOUCHER
- PLUS DINNER & BEERS AT DESCHUTES BREWERY'S BEND PUBLIC HOUSE

PURCHASE TICKETS ONLINE: MTBACHELOR.COM/DESCHUTESBUS

Deschutes Beer | Facebook.com/Deschutes.Brewery | @DeschutesBeer

PACRAT TEAMS 2016

TEAM 1

1. Mary Askew
2. Jane Bertrand
3. Virginia Collson
4. Karen Frost
5. Amanda Moran
6. Sheri Parshall
7. Meg Spillman
8. Colleen Stroeder
9. Erika Winner
10. Maria Winner

TEAM 2

1. Leanne Fanning
2. Elsebeth Frank
3. Alice Jacklet
4. Debbie Kitchen
5. Sally Niedermeyer
6. Barb Pressentin
7. Jackie Smith
8. Stevie Viaene
9. Tina Weber
10. Laura Whitehorn

What We Did in December

Fireside a Great Success...and Lots of Fun

We had a very successful fundraiser for our club and our charities at Fireside on December 1st. What a wonderful way to kick off the season of giving and good will – all Skiyente's can be proud. According to the latest accounting, Skiyente raised right about \$2000 in proceeds, more than last year at just over \$1000. Thank you all who endured the storm and made it to Sandi and Marcia's lovely clubhouse in Vancouver.

Thank you to all who bought tickets. Tons were bought that night, and why not – there were fantastic Skiyente and business donations for the drawing. In addition, we had great silent auction donations bringing increased revenue for Skiyente and great deals for our members.

Many thanks to Sandi Shaub who coordinated with our ever-so-generous anonymous donor/Secret Santa who donated many awesome gift baskets and jewelry. And to Julie Rasmussen for handling the high volume of last minute ticket sales, and to Mo for her accounting talents and perseverance.

So many members donated baskets and vacation home vacations, huge packages for golf, biking and more. Thank you to our industry and local business donations! All tallied over \$4500 in value.

Also as part of the Holiday Drawing for Erin Nicole Scholarship, we will raise additional funds this Sunday from the Jordan Schweitzer race training.

We are a fortunate and hard-working club of sisters helping our community.

Fireside pictures coming next month.

Glorious, Glorious Bibs

Our teams, *Racy Brats* and *Oui Ski*, will sparkle and shine racing the PACRAT courses. On December 17th at Sara Holt's home, a roomful of sisters glued diamonds and beads, and spread puffy paints and ink on our Hillcrest sponsored bibs. Surely we will go faster!



Top - Debbie Kitchin, Barb Pressentin, Stevie Viaene, Karen Castenada

Left - Sally Neidermeyer, Colleen Stroeder, Sara Holt
Right bottom - Sara and Karen Frost

It Was Still a "Fun Race"

On December 20th, snowing and blowing at Meadows, crazy girls, Debbie Kitchin, Alice Jacklet and Karen Frost, finally said "Okay let's do it!" It was Karen's first race and terrifying, but she's glad she did it. Less terrified seasoned racers, Debbie and Alice, did our club proud. Even the Schnee guys said it was a tough course. We three had a great time.....at Ed's after-race party. (Huckelberry Inn Ed)

Thanks, Schnee Vogeli for a good time at your Condor Cup!



BELETED WISHES FOR DECEMBER BIRTHDAYS

Colleen Heffernan - 3
Samy Fouts - 6
Alison Bader - 31
Laurel Regan - 31

JANUARY BIRTHDAYS

Diane Hicks - 9
Elsebeth Frank - 12
Lynn Weigand - 18

SAVE THE DATES IN MARCH

Mt Hood Masters
Mania Race Weekend
Mar 5th & 6th
Schnee Vogeli
Turkey Slalom
Sat, March 5th
Skiyente Memorial Cup
Giant Slalom
Sun, March 6th
Cancer Ski Out
Mar 13th & 14th

2015-2016 EXECUTIVE BOARD

President	Amanda Moran	Info@skiyente.com
Vice President	Sandi Shaub	VP@skiyente.com
Secretary	Sheri Parshall	Secretary@skiyente.com
Treasurer	Mo Musser	Treasurer@skiyente.com
Membership	Barb Presentin	Membership@skiyente.com
Historian	Diane Hicks	Historian@skiyente.com
Editor	Karen Frost	Editor@skiyente.com
Race Director	Sally Niedermeyer	racedirector@skiyente.com
NWSCC Rep	Sheri Parshall	NWSCCRep@skiyente.com

Skientes have been great
at "Thinking Snow"