



Maidenforum



**Skiyente Ski Club
America's Oldest
Active All-Women's
Ski Club**

July 2014

Volume 1, Issue 1

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FWSA Convention Highlights



Skiyente contingent at Saturday night Awards Banquet are Sandi Shaub, Barb Presentin, Sylvia Orefice, Sheri Parshall, Amanda Moran and Colleen Stroeder. Not present, Julie Rasmussen.

June 12 through 15 marked the Far West Ski Association's 82nd annual convention held this year in Bend, Oregon. The theme, *Volcanic Paradise* was enhanced by Skiyente's contribution of paper mache volcanos, decorating each table. Looks like the Skiyente mountain range doubled as hats for many of the conventioners! See page 3 for more details.



VP, Amanda is having the ultimate convention experience, above with ex-Olympian Billy Kidd and below, modeling volcanos with Randy Lew.



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New Maidenforum Format

You might have noticed—there's a new editor in town!

July begins the new fiscal year for Skiyente and the new board. Meg Spillman has been your editor for the past 2 years and by-laws dictate a new member must

take the reins. She has raised the bar and I can only aspire to the level she has set.

Please remember that this is your newsletter and the pictures and articles are for you, from you and about you. If you have suggestions for this

publication, please send them to me at:

skirad@comcast.net

I will be looking forward to gathering news you can use!

Louise DuFresne

Maidenforum Editor

Skiyente Spring into Summer Event at Carson Hot Springs, July 26, 2014

It is last call right now for sign-up for Skiyente's Spring Into Summer Fun-Filled Day!

Peg and Sandi have done a lot of research (most fun research I've ever seen) putting a day together for Skiyentes. If you are having a massage, money must be in to Peg by July 10. Also, if you wish to spend the night (ooooooooooh) please make the reservation by July 11 and mention Skiyente to get the special room discount.

Sandi has made different golf arrangements. We have secured limited tee-times at Beacon Rock Golf Course with time a little earlier than on the flyer -- but good news, the price is lower! Price has not yet been confirmed but will be close to \$25 for nine holes and cart.

Also, since this event is being combined with Spring Get-Away Function, participants will also be treated to a sumptuous luncheon and there may be a greater discount on the mineral bath wrap and massage.

Please contact Peg Ortner to confirm your participation.

Hike, golf, lunch, mineral bath/wrap, massage, dinner. You can just come for the hike at 10 am or arrive just in time for dinner or anything in between..**the choice is yours!**



Summer event chair Peg Ortner and Cco-Chair Sandi Shaub scout out the location for the Skiyente Summer Function July 26.



History of Carson Hot Springs

Carson Hot Springs were discovered in 1876 by Isadore St.Martin. While on a hunting expedition with a friend, St.Martin noticed steam along the river and found the hot springs bubbling up among the rocks. They marked the spot and St.Martin later filed an Indian Homestead claim on the site.

St.Martin took his wife, Margaret, who suffered for neuralgia, to the hot springs. News of her relief spread rapidly and people began to arrive in great numbers to bathe in the springs. Those early bathers navigated up the Wind River to the original bathhouses.

In 1897, St.Martin began construction on the Historical Hotel, completing it in 1901. The cabins and bathhouse were added in 1923 and are still being used.

Hiking and Adventure

Organize your own hiking/adventure trips and invite the gang.

At left is Louise D. with old grade school and high school friends, hiking along the rim of Deschutes River canyon near Crooked River Ranch, Oregon. Behold Three Sisters and Cascade Range in background. There was a breathtaking view down into the canyons where the cool rushing blue and white water gave us stark contrast to the hot central Oregon Sun. Keep those water bottles handy and make sure you have a trail map if you don't have someone who is very familiar with the area.



Summer Skiing and Racing at Timberline Lodge

By Sally Niedermeyer

So what does a part-time ski instructor and full-time teacher do during the free days of summer, one might ask. Why ski of course! If you have never tried "Summer Ski" at Timberline, I highly recommend it.

Summer Ski allows many opportunities to play on The Palmer. I personally have signed up for an instructor's clinic in June and a 3-day race camp in July. Any intermediate skier ability and above would enjoy the coaching that comes with a ski camp. Plus, you have access to the Summer Test Centers in Govy and can demo new skis or boots at no charge! If you are interested, Willy's Camp, is highly recommended.

Maybe you'd just prefer just a free day skiing? Lanes are open for the general public from 7-2. Regardless, plan on getting to the lift area early. The Mile begins loading at 7:00 AM. We occasionally get rained off, or stormed out of a day on Hood, but for the most part, the high alpine of Timberline sits well above the clouds of the Willamette Valley and Portland.

Your morning goes something like this. Beautiful view and a cool breeze make you glad you wore that light jacket over your spring ski clothes. The first run is icy. That's OK 'cause the demo skis you are trying out are sharp and nicely tuned. You get warmed up and find your center again. The next few runs get better. The snow is softening and the runs on the mile are getting a little mushy. By 11 AM you are committed to staying on the Palmer. The snowboarders are arriving in droves and tend to ride the mile or their own private rope tow. Sometimes you can get a snow cone because golly, the sunshine is getting to the point of you asking why did I wear black? The Palmer lift gets loaded every other chair so racers can ski to the midway point and hop right back on.

Occasionally, you get to ride with a snow celebrity like a national team member or one from another county. There are great racers to watch as you rest your legs in transport to the top. Eventually your legs turn to rubber and it's time to decide if you are skiing down the canyon to the lodge, or going to play it safe and download on The Mile. After refueling with some lunch and plenty of sports drinks, time to think about a hike, swimming at Trillium, or a short round of golf at the Resort. Bedtime comes early 'cause you got to get at it again tomorrow!

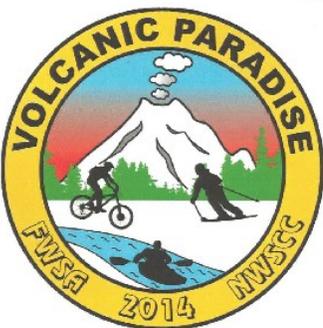
You PACRAT racer folks may want to look into Mt Hood Summer Fun Nationals. Talk with our race director, Colleen Walter, for more information and how to sign up! Hope to see you in our Hood! ———-Skiergalsal



FWSA Convention in Bend Oregon, continued from page 1

Sunday, June 15, 2014, FWSA elections were held for board of officers. Results are:

President: Linda Scott, Secretary: Wanda Ross, Treasurer: William Shadbolt, Trustee #1: Gloria Raminha, Trustee #2: Harry Davis, Trustee #3: Robb Margrave, VP Communications: Jim Nachbar, VP International Travel: Debbie Stewart, VP Marketing: Debbie Kor, VP Membership" Jane Gutierrez. Skiyente's past king Winter, Lee Perry was awarded the Jimmy Huega Award for his work with adaptive skiing. Matt Drake of Mt. Hood Meadows received an Environmental award. Ben Jacklet took home a Media award for *Shred Hood*.



It was reported that Skiyente's volcanos were a hit with convention goers. Above is Norvin Peer from NWSCC, wearing what was to be the outfit du jour Saturday evening. It was also noted that several California members in attendance took home volcanos for their upcoming End of the Ski Season Party which was to be held the following weekend. So, in essence, Skiyente attends yet another party!



Skiyente Ski Club

P.O. Box 56342
Portland Oregon 97238

Mission Statement: Skiyente is an organization of all women brought together by the love of winter sports, the camaraderie of other women who share the same interests and the commitment to social and community consciousness.



We're on the Web
skiyente.com

E-mail us at
skiyente@yahoo.com

July 2014

		1	2	3	4 	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19 Sandi's Retirement Party
20	21	22 Board Meeting	23	24	25	26 Summer Function
27	28	29	30	31		

Skiyente Summer Function Teaser

The Mineral Bath and Wrap A relaxing, rejuvenating experience in the original 1930s bathhouse complete with individual antique claw foot tubs with an attendant to guide you through the process. The world renowned mineral water is pumped in direct from the riverbed of the Wind River and fluctuates in temperature. After soaking for 25 minutes you then have a swaddling wrap which cocoons you in warmth and will help to purify and energize your cells while giving you a meditative rest. After the wrap is complete you are always welcome to use our dry sauna.



Sign up now for July 26 trip to Carson Hot Springs.

Keep Your (safety) Tips Up

As the July 4th Holiday approaches, remember ,’ A fifth on the fourth may not bring you forth on the fifth’!

July Birthdays

- 1-Sharon Davis
- 9- Nancy Foreman
- 17- Peggy Walker
- 19 Debbie Williams
- 26- Amanda Moran
- 30-Ann Buchholz



Please let me know if I missed anyone!



Have a Great summer!
Next general meeting in September.

Board of Officers

President:

Sandi Shaub

V. President:

Amanda Moran

Secretary:

Jackie Smith

Treasurer:

Mo Musser

Editor:

Louise DuFresne

Historian:

Diane Hicks

Membership:

Barb Presentin